

Wisdom of the Herbs

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Photosynthesis is a transmutation of Love.
It is an energetic magic that suffuses the world
with a vibrant emerald energy,
vibrating first within the cells of the plants,
and continuing to vibrate within the cells
of the beings that eat them.

Deva Message received by George Lisi

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Dedication

To my mother, Mary Gilkeson McCleary

Acknowledgments

My gratitude goes to Doran MacKenzie for her many contributions and for bringing forth the wisdom of archangel Ariel.

I honor the memory of my friend and colleague George Lisi who exemplified weaving scientific knowledge with communication with the Nature beings with a healthy dash of humor and poetry.

I honor my herb teachers Susun Weed and Rosemary Gladstar who set me along my path. I am grateful for the teaching of Juliette de Bairacli Levy who believed so strongly in a healthy life style.

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I thank my Wisdom students who teach me more each year, and the plant people and nature beings who are my guides, neighbors and friends.

Introduction

We are living in the times of the Earth Changes. The stunning proliferation of perfect storms of disaster, breakdown and change on the planet is nothing short of a call to consciousness and conscious living, to live simply and in harmony with this precious Gaia and all her beings. We are one, after all.

We are called to remember how to eat where we live, how to forage and make our medicine from local plants. We are called to create resilience in our communities, to re-skill and relocalize everything. And we are called to remember how to communicate with all our relations - the plant people, the water, the wind and the stars.

All this, not because we will win or save anything, but because we as humans must walk with integrity, no matter where the road leads us. Above, below and within all that we know and do, we are called to look for the gift - there always is one - and to be kind, and to offer gratitude.

~ Annie McCleary 2017

The information in this book is intended to be educational and inspirational.

This book is a Who's Who of the Plants, not a materia medica.

The author is a plant-lover, not a medical herbalist.

For medical issues, consult with healers and your own wisdom as appropriate.

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